



Ohef Shalom Temple's Monthly News Publication

THE TEMPLE POST

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#OSTCONNECT

How We've Gone Virtual

ANNUAL CONGREGATIONAL MEETING

MAY 21 AT 7:00 PM VIA ZOOM | See page 5 for details

CONFIRMATION CLASS OF 5780

See page 8 for details



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WORSHIP TORAH PORTIONS

MAY

May 2 | 8 Iyar
Torah Study - 9:00 am (Zoom)
 Parashat Achrei Mot-Kedoshim
 Leviticus 16:1 - 20:27
 Haftarah: Amos 9:7 - 9:15

May 7 | 13 Iyar
Torah Study - 4:00 pm (Zoom)

May 9 | 15 Iyar
Torah Study - 9:00 am (Zoom)
 Parashat Emor
 Leviticus 21:1 - 24:23
 Haftarah: Ezekiel 44:15 - 44:31

May 14 | 20 Iyar
Torah Study - 4:00 pm (Zoom)

May 16 | 22 Iyar
Torah Study - 9:00 am (Zoom)
 Parashat Behar-Bechukotai
 Leviticus 25:1 - 27:34
 Haftarah: Jeremiah 16:19 - 17:14

May 21 | 27 Iyar
Torah Study - 4:00 pm (Zoom)

May 23 | 29 Iyar
Torah Study - 9:00 am (Zoom)
 Parashat Bamidbar
 Numbers 1:1 - 4:20
 Haftarah: I Samuel 20:18 - 20:42

May 28 | 5 Sivan
Torah Study - 4:00 pm (Zoom)

Dr. David Metzger will be continuing Torah Study virtually via Zoom meetings on Thursday afternoons, from 4-5 pm and on Shabbat Saturday mornings, from 9-10 am. To join, email him at dmetzger@odu.edu by the Wednesday or Friday prior to class for inclusion.

May 29 | 6 Sivan
Shavuot
 Parashat Shavuot I
 Exodus 19:1 - 20:23
 maf: Numbers 28:26 - 28:31
 Haftarah: Ezekiel 1:1 - 28, 3:12

May 30 | 7 Sivan
Shavuot
 Parashat Shavuot II
 Deuteronomy 14:22 - 16:17
 maf: Numbers 28:26 - 28:31
 Haftarah: Habakkuk 3:1 - 19



Ohef Sholom
 TEMPLE

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www.ohefsholom.org



Every Monday | 11:00 am until June 8!

Would you like to learn more about Zoom? Join OST's Nina Kruger for Zoom tutorials by calling the office at 757-625-4295 or emailing membership@ohefsholom.org.

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A Message from Rabbi Roz and Cantor Jen on Finding Comfort and Healing in the Midst of a Pandemic

M *i shebeirach avoteinu*
M'kor hab'rachah l'imoteinu
May the source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say, Amen.

Mi shebeirach imoteinu
M'kor hab'rachah l'avoteinu
Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say, Amen.

It has been 27 years since Debbie Friedman wrote these words and the accompanying cherished melody to the prayer for healing, *Mi Shebeirach*. In that time, perhaps no other in our liturgy is more beloved . . . or more powerful. When we offer up the names of loved ones and friends struggling with illness and follow them with this communal plea, not only do we feel that God hears our prayers, but also, offering them as one congregation united in faith and hope uplifts and strengthens us. Friedman's *Mi Shebeirach* reminds us that we are not alone in our concern, in our pain; rather God and our community are with us in this difficult moment along our life's journey.

Debbie Friedman said just this when she was asked about why she wrote the prayer. She answered, "For each of us, something is not right. And yet, in life there is so much compassion and love . . . That's the joy of it all. . . You can't take the pain away, for God's sake. You can't pretend it's not there. You can't say you don't have what you have. We're going to have these afflictions for however long we live and we're going to have to learn how to manage for as long as we live . . . like Jacob wrestling with the angel only to walk away limping, but healed . . . Yes, we may be injured. We may be hurting. We may be broken, but it's only our body, our soul is whole." Friedman recognized that with all of the suffering in the world and in our own lives, there is more human kindness and hope than there is fear and uncertainty.

As you are reading these words, we are about six weeks into the COVID-19 pandemic here in

Hampton Roads, and a month or so into Governor Northam's Shelter-in-Place order. By now many of us know someone -- whether family member, friend or acquaintance, community leader or public figure -- who has contracted the virus. And, if we are so fortunate not to, we see the carnage on the news 24/7. It is almost too much to bear.

Yet while we await a cure, we have managed to find ways of mustering faith and sharing comfort and healing. We have gathered twice weekly for Shabbat to pray as a community; anchored in our ancient tradition, we have been bolstered by our familiar prayers and the knowledge that we are all worshipping together. Even though we cannot see one another, we feel each other's presence and that of God among us as well. It was so during our beautiful *Seder*, our meaningful bi-weekly Torah Study, our *D'Bar Torah* program for young adults, and our *Wiggles & Giggles* for young children. Weekly, we add offerings -- a *Mussar* group for our women, a course on how to live in this time of the virus and how Jewish wisdom can guide us . . . We invite you to join us in any or all of these moments of gathering together in sacred community. It really does help.

For Debbie Friedman, as for us, it is possible to find healing even without being fully cured, to be comforted even while we are bereft, to be strengthened even when we feel incredibly fragile. May it continue to be so for us. Amen. ✨



Contact Clergy
Rabbi Roz & Cantor Jen
rabbi@ohefsholom.org
cantorjen@ohefsholom.org

Rabbi Roz Cantor Jen

Rabbi Roz and Cantor Jen





PRESIDENTIAL ADDRESS



Terri Denison Budman
President
president@ohefsholom.org

We're Reworking and Re-imagining OST

The challenges presented by COVID-19 on life at Ohef Sholom Temple are vast and complicated.

Knowing we aren't alone in reconfiguring our Shabbat Services, programs, Religious School, building operations, staffing,

and the general business of the board, doesn't make it any easier as we wade through these uncharted and unsettling waters.

In an effort to be prepared on all fronts, we formed a Crisis Management Team in mid-March. This group of smart, wise, and caring congregants is helping guide us through these demanding days. We meet weekly to deal with a variety of issues and to uncover every hurdle for conducting Temple business that might be lurking. From producing a balanced budget in uncertain times to determining how to hold the Annual Meeting (OST's bylaws are very specific about time and place), to managing ideas for how OST can assist our congregants and the community, we've discussed options, developed solutions, and engaged others to help.

We've all heard the phrase 'unprecedented times' umpteen times, but it's true. Nearly every aspect of Ohef Sholom must be reworked and re-imagined. While we're all doing our best to maintain the level of excellence that we're accustomed to for our congregation, it's not an easy task and I'm grateful for everyone – board members and volunteers, clergy, and staff, who have stepped forward to find and implement new ways of conducting OST's daily life, and especially for those who swiftly secured our SBA Loan.

Not accustomed to cancelling events, we've rescheduled many, including Confirmation, which will take place in October.

We're zooming and streaming and gaining participants and audiences. It's certainly not the same as being in Sinai Chapel with Rabbi,

Cantor, Chuck, and our fabulous choir, but Shabbat Services via Zoom have created a new way to be a community. It is heartwarming and even fun to see congregants' comments and reactions on Facebook during Services. And, our Seder was outstanding! Watching all of the screens popping up and everyone waving and greeting each other with such big smiles was a holiday highlight for many.

Our programs have shifted, too. We've added some, such as *D'Bar Torah*, and changed how we do others. *Mitzvah Day* was postponed and our monthly Soup Kitchen put on hold, but we've launched **Love Thy Neighbor**, an effort to lend a hand to those in need during this crisis – nurses and first responders, hungry neighbors, and our own congregants who require assistance. If you are able to help this mighty band of congregants, please contact Dorianne Villani or Carol Brum.

We may not be breezing through these days, but with each other's support, compassion, and focus on our Jewish values, we will certainly get to the other side of this pandemic a stronger congregation and community.

If you haven't already 'attended' our online services and programs, please check them out.

My biggest request is that you stay safe and stay in touch. We need each other now more than ever.

L'shalom,

Terri Denison Budman



Dare to Matter: Your Path to Making a Difference Now
Thursday, May 14
at 7:30 pm

An interactive Zoom Experience with Hip Rabbi Jennifer Krause and Visionary Optometrist Jordan Kassalow.

To RSVP, go to:
<https://federation.jewishva.org/tidewater-together>





ANNOUNCEMENTS

Notice of Annual Congregational Meeting



Thursday, May 21, 2020 via Zoom

Ohef Sholom Temple Virtual Community

6:30 pm – Virtual Reception

7:00 pm – Meeting

Please email reservations@ohefsholom.org for the Zoom link and password, or call 757-625-4295.

We will also honor Karen & Matthew Fine with the Rosenbach Award as well as Donors to Ohef Sholom Temple's LIFE & LEGACY Program.

THE ROSENBAACH AWARD

Congratulations to Karen and Matthew Fine

With great pleasure and appreciation, the Executive Committee of Ohef Sholom Temple will present the 2020 Kurt Rosenbach Award to Karen and Matthew Fine.

The Kurt Rosenbach Award is given each year to an OST Board member(s) for outstanding service to the Temple. This year the Executive Committee decided that the honor should go to Karen and Matt for their leadership in creating and stewarding the 175th Anniversary Campaign. With incredible foresight and perseverance, Karen and Matt saw a need, found a way to address the need, and dedicated

countless hours to raising \$1.75 million to help secure the Temple's future.

We hope you will join us (virtually) at the Annual Congregational Meeting on May 21 at 7:00 pm when Karen and Matt will receive this prestigious honor. ☆



Pictured: Matthew and Karen Fine, and Max Beckman (*of blessed memory)*

CONDOLENCES

Ohef Sholom offers heartfelt condolences to the following members & friends:

Steve Budman on the loss of his cousin, **Laurent Berteau.**

Fanya Seagull (Mark Goldberg) on the loss of her mother, **Rhea Bolasney Seagull.**

Harriet Bloom on the loss of her friend, **Mark Fox.**

Amy Milligan on the loss of her friend, **Sean Keville.**

Dr. Rachelle Luna (Roberto) on the loss of her mother, **Miriam Russ.**

Alan Yanofsky (Sylvia Turner Yanofsky) on the loss of his mother, **Yetta Hier Yanofsky.**

Meril Amdurksy (Joe Hearst) on the loss of her uncle, **Irwin "Jerry" Epstein.** ☆





JEWISH LIFE

#OSTCONNECT: HOW WE'VE GONE VIRTUAL OST in the Virtual World

Remember the “good ol’ days” when we could hug, shake hands and gather together? How strange and ironic that they were only a few weeks ago. But while we adjust to the new normal, we have to find things to be grateful for.

For instance, we are grateful that we have been able to use technology to take our Ohef Sholom community into the virtual world. We are grateful that Rabbi Roz and Cantor Jen have been able to live stream Shabbat services. And we were thrilled that 163 families joined us for our *Second Seder* in cyberworld. We appreciate that Young Adults can meet on Zoom for *D’Bar Torah*; that young families are still meeting for *Wiggles & Giggles*; that Torah Study continues, and that meetings are “zooming.” We are brainstorming new programs so that we can continue to connect while physically apart.



As I write this article, there is no date to restart the economy, and guesses for that date are wide-ranging. We do know that layoffs and furloughs have already impacted some of our congregants, and we expect to hear from more as the economy stalls.

It’s amazing how quickly the world changed. Within days of finalizing the Temple’s FY21 Budget, our projections became outdated. The Budget Committee, which thought it had completed its mission, reconvened to estimate the impact on dues income from those severely impacted by the pandemic and to examine every line item to see what could be cut. We think we have a workable solution.



Learn more from Linda
Linda Peck, Executive Director
linda@ohefsholom.org

To keep our Temple open virtually, we need your help. Continuing to pay your dues is more important than ever. It’s up to all of us to pitch in together as one community for those who temporarily may not be able to pay their full support.

For those who are struggling, please reach out to us. There are ways we can help. Your call or request will be completely confidential.

While no weddings, baby namings, funerals and other gatherings are being held at this time, we still appreciate contributions for those events. Consider a donation like “With thanks to Nature for the beautiful azaleas blooming in my front yard” or “Grateful for my grocery store deliveries.” Be grateful. Be clever.

Ohef Sholom has been around for 175 years. We expect a bumpy road ahead, but with creativity, patience and generosity, we will get through this together. ☆

Show us your #OSTconnect

Have you been staying connected with us? We would love to see everything that you are doing! When posting on social media, please use #OSTconnect to show how your Ohef Sholom family is thriving through this time. Want to see what everybody else is doing to stay connected? In your search bar, on any social media platform, type in #OSTconnect to see others' posts. If their posts are set to public, you will see what they are doing to stay connected during this time.



SISTERHOOD

As I write the article for this May Bulletin, I am hopeful and fearful, as I'm sure we all are. I am cautiously optimistic that we will be able to see each other in person soon. I would like to report on the wonderful events Sisterhood has held and is looking forward to having. However, instead we are all just doing our best to take care of each other and Stay at Home. Maybe, we can use our time to be creative or learn something new or clean a closet or read a book or catch up on our phone calls or just be closer to our families somehow.

Whatever you choose to do, please be safe and stay well! ☆

Yours in Sisterhood,

Gail



Gail W. Bachman
Sisterhood President
sisterhood@ohefsholom.org

Our mission, as stated on the website:

"OST Sisterhood is a community of welcoming women from all walks of life who meet for spiritual, educational, and social growth through Judaism. Our diverse members are all ages and come from varying backgrounds, allowing us to join together to serve the needs of our congregation and community, while cultivating life-long friendships." ☆

MEN'S CLUB

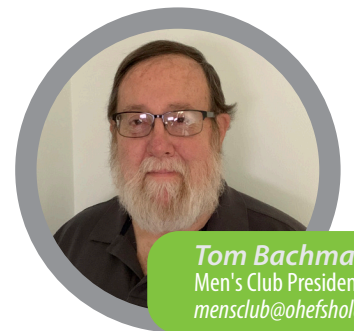
Gentlemen, I wanted to start this article by saying something clever but considering what's happening today, I want to come straight to the point. We need to look out for each other and be safe. When we get back to Temple life, as we know it, we can return to doing good things for each other and our Temple.

Hopefully, by the time you read this article, the world will have gotten better. So, everybody, please be safe! ☆

Sincerely,

Tom

Next Men's Club Gathering: To Be Determined



Tom Bachman
Men's Club President
mensclub@ohefsholom.org

BECOME A MEMBER ONLINE:

ohefsholom.org/mens-club/



Beginner Friendly Yoga with Sharon Ross

May 6 & May 13 at 9:00 am via Zoom

Join Sharon Ross for a Beginner Friendly Yoga session from the comfort of your home via Zoom. All you need is a yoga mat and a quiet space.

To join, contact Sharon Ross at 757-617-0101 or greenurtle yoga@gmail.com ☆



Congratulations to the Ohef Shalom Temple CONFIRMATION CLASS OF 5780/2020

We are so excited to celebrate the Confirmation of our students on *Simchat Torah*, October 10, 2020, when we unfurl the entire Torah to experience it in its fullness. Instead of chanting the Ten Commandments, our confirmands will each chant a piece of their *b'nai mitzvah* portions, making for a truly full-circle moment. We will also chant the last words of Torah followed by the beginning, symbolizing the fact that our engagement with Jewish study never ends. This is the perfect holiday to honor our Confirmands, whose commitment to a lifetime of Jewish learning embodies the spirit of continuity and joy in Judaism that *Simchat Torah* represents. ☆



BRIAN COHN

Brian Cohn is the son of Lisa and Joel Cohn and brother of Ayden Cohn. He is the grandson of Janis and Edward Weisberg, the late Marvin Cohn, the late Myrna Cohn, and the late Arlyn Cohn. He

began Religious School in first grade and became a *Bar Mitzvah* at OST in March of 2017. Brian is an active member of the Temple youth group, OSTY, and has been a board member for the past 2 years. He plans to continue his involvement with other leadership positions on the board during the next two years. Brian is an honor student in his sophomore year in the International Baccalaureate (IB) program at Granby High School. He is a member of Granby's Model UN team, 3D Print Club, and has been a member of the National Honor Society. Brian is also captain of his school's varsity tennis team and looks forward to returning to the courts soon.



LINDSEY FOER

Lindsey Jordan Foer is the daughter of Jerry and Tammi Foer, the little sister of Hailey, and granddaughter of Michael and Marilyn Chertoff and Warren and Rosalind Foer.

She has been an OST Religious School student since pre-Kindergarten and became a *Bat Mitzvah* at OST in December 2016. Lindsey is a sophomore honor student at Maury High School. She is playing lacrosse for the first time and is the goalie for the Maury Junior Varsity Girls Lacrosse team. She is a member of the Serenity Junior Circle of the King's Daughters and the Pink Club. Lindsey loves hanging out with her friends and spending her summers at her favorite place – Camp Silver Beach on the Eastern Shore of Virginia, where she will participate in their Leadership Development Program this year.



JOSHUA DARROW

Joshua is the son of Beth & David Darrow, brother of Gwendolyn, Julia, and Evan Darrow, and grandson of Vivienne and Stanley Darrow and Janice & Gary Blauert.

Josh is a second-generation member of Ohef Shalom Temple. He started Religious School in the first grade and became a *Bar Mitzvah* in December of 2016. Josh has been an active member of OSTY since his *Bar Mitzvah* and is the current OSTY Treasurer. He attends Tallwood High School where he is a Model UN delegate and captain of the Scholastic Bowl team. He plays bassoon and keyboard with the Tallwood Wind Ensemble and has been singing with the Virginia Children's Chorus since the first grade. Joshua performs *mitzvot* regularly as a volunteer with the Virginia Beach Public Schools Beach Bags program and as Assistant Junior Scoutmaster of Boy Scouts Troop 587.



MADISON LONGWATER

Madison Longwater is the daughter of Adam and Karen Longwater, sister of Caden and Reese Longwater and granddaughter of E. Jean and the late George Heidig and Sandra and the late Marvin

Longwater. Madison started Religious School in the first grade and became a *Bat Mitzvah* in May 2017. She has been an active member of OSTY since her *Bat Mitzvah* and she enjoys her continued work as a *madricha*. Madison attends the Health Sciences Academy at Bayside High School where she participates in cross country, track, student council and is a member of the medical honor society. Madison is passionate about nature, animals, bay preservation and biology. She spends a portion of her summers as a counselor for Virginia Beach Sea Camp where she loves mentoring young children and sharing with them the value and beauty of the Chesapeake Bay. Madison is incredibly grateful for her Temple family and the amazing lifelong friendships she has developed while attending Ohef Shalom Temple.



EDUCATION & ENGAGEMENT



LEIA MORRISSEY

Leia Morrissey is the daughter of Alyson and Chris Morrissey, sister of Jacob and Elijah Morrissey, and granddaughter of Martha and David Javinsky. Leia is among three generations of her family that

belong to Ohef Sholom. She began her Hebrew and Religious studies at OST in 3rd grade after the family moved to Norfolk, and became a *Bat Mitzvah* in April of 2017. Leia has been an active member in OSTY since before her *Bat Mitzvah* and is now the OSTY President. She enjoys attending NFTY-MAR events and hanging out with all her OSTY friends. Leia has been a Hebrew assistant for the past 3 years and plans on continuing in some capacity after Confirmation. Leia is a sophomore in the International Baccalaureate program at Granby High School. She is the first chair flute and plays piccolo in the marching band. In her free time she enjoys drawing and reading.



ABIGAIL SEEMAN

Abigail Seeman is the daughter of Patti and Paul Seeman, sister of Isabel Seeman, and granddaughter of Gloria and Bob* Hoffman, Pam and Irl* Brossman, and Linda and Gus Pasquale. Abigail started

Religious School at Ohef Sholom in Kindergarten. A graduate of the Hebrew Academy of Tidewater, she became a *Bat Mitzvah* in 2017. She has been an active member of OSTY since her *Bat Mitzvah* and is currently serving on the OSTY Board as the Membership and Communications Vice President. Abigail has enriched her Jewish journey by spending her summers at Capital Camps in Waynesboro, PA since third grade; this summer she will be a Leader in Training. A scholar athlete, Abigail is very active at Norfolk Collegiate School where she plays volleyball and basketball, and rows crew. On many Sunday afternoons, Abby can be found at Petco assisting the Isle of Wight County Humane Society with the adoption of dogs and cats.

(*Of Blessed Memory)



ISABELLA VELEZ

Isabella Velez is the daughter of Jack and Gema Shanker, sister of Jacob Shanker, granddaughter of Casto & Martha Rodriguez, and Jose & Carol Velez. Isabella has been a member of Ohef Sholom

Temple since 2010. She started Religious School in the first grade and became a *Bat Mitzvah* on May 27 of 2017. Isabella is currently a tenth grade honor student at Grassfield High School in Chesapeake. She enjoys singing with the Grassfield High School Chorus and playing on the tennis team. In her spare time, Isabella loves to travel and spend time with her family and friends.



MELISSA YOUNG

Melissa Young is sixteen years old and is currently in her tenth year of school at First Colonial High School. Melissa's parents are Norma and Jack Young and her brother is Jason Young. Her Grandparents on her Mother's

side are Annette and Murray Sokoloff, but sadly are not able to be here to celebrate with her today, but they are watching from above. Her Grandparents on her father's side are Miriam and Harry Young, and her Grandpa Harry is also watching from above. Melissa became a *Bat Mitzvah* was on March 4, 2017, which she celebrated first at Ohef Sholom and then in Israel. Melissa started at Ohef Sholom in first grade and started Hebrew school in third grade. She worked as a *madricha* in seventh, eighth, and ninth grades and is the historian on the Ohef Sholom Temple Youth group board. She enjoys hanging out with her friends and playing tennis on the First Colonial High School tennis team. She is active in the Patriot Playhouse theater program at her school and is a proud member of the National Thespian Society. For her latest show, *Tuck Everlasting*, Melissa had the honor of being the props director and was also playing the role of the toad through remote control. Every year Melissa is always very excited to go to Camp Louise, this year will be her ninth year going. She has made many life long friends there and has found new interests in Jewish folk dance while there.





EDUCATION & ENGAGEMENT

RELIGIOUS SCHOOL IN THE TIME OF CORONAVIRUS

Although we are not physically able to get together for Religious School or Hebrew classes, our teachers have been busy reaching out weekly with virtual lessons that provide interesting and creative interactive activities for our students to pursue at home.

These lessons include videos to view, suggestions of books to read or listen to, crafts to make with things families have around the house and games like Scavenger hunts with Jewish themes.

Our Hebrew teachers have been working weekly with their classes and individually with students to keep them up to date with their studies. One of our Hebrew teachers has gone above and beyond by conducting a Zoom class for her students every week!

Our special needs teacher has been checking in with her students' families every week as well and offering to help families with accommodations for

making their *Seder* celebrations and their extended home time as meaningful as possible.

And for our youngest learners, *Wiggles & Giggles* is offered through May 3 via Zoom every Sunday at 11am.

Our website offers many projects and ideas for activities for enriching Jewish learning at home. ☆



Kitty Wolf
Religious School Director
kitty@ohelsholom.org

OSTY

During this pandemic, we're all looking for things to do with our newly found free time. Knowing this, OSTY is still planning virtual and at-home events through June. On April 11, OSTY got together over Zoom to celebrate the closing of Shabbat and the coming of the new week with *Havdalah*. We kicked off our new week by watching *Ferris Bueller's Day Off* together on Netflix Party after our *Havdalah* service. It was a great way for us to come together, continue doing our favorite activities as a group, and take a break from the craziness of our current lives.

Some events and activities that are in the works are a virtual game night, mask sewing, and making videos for our healthcare workers. In this time of confusion and uncertainty, OSTY is bringing events to our community to keep us connected to each other and make sure that no one is alone. We're excited to start our events and continue our great year all the way to June, where our board elections will take place June 7 via Zoom and Google forms (more info to come!).



Make sure to follow OSTY's Instagram (@osty_), join our Remind by texting @3k8a27 to 81010, and if you're interested in running for a position on the OSTY Board, please email us at ostyadvisors@gmail.com. ☆

Leia Morrissey
OSTY President
ostyadvisors@gmail.com



VIRTUAL PROGRAMMING IN MAY

For Adults



Wednesdays
at 12:00 pm
via Zoom

May 6, 13,
20 & 27
June 2

Join Rabbi Roz for a special Lunch & Learn series of study and discussion on how Judaism can help us navigate life in the times of the coronavirus.



Every
Tuesday
through the
end of June

at 9:00 pm
via Zoom

For young adults, ages 21-42. Please join Eliot Weinstein and Nina Kruger to "grab a beverage" via Zoom for Torah study and adult conversation.

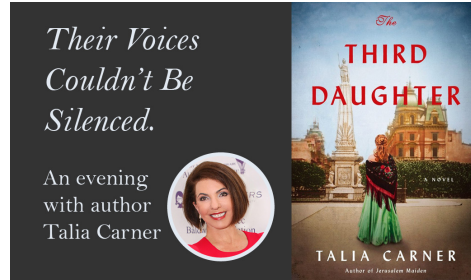


Every other
Wednesday

at 7:00 pm
via Zoom

May 13 & 27
June 10 & 24

Rabbi Roz and Debi Stadlin will host an online introduction to *Mussar*, a Jewish spiritual practice, which focuses on leading a more conscious life, elevating one's character and in short, becoming more of a mensch.



Monday,
May 11

at 7:00 pm
via Zoom

The OST Membership Committee will be hosting author Talia Carner, who will speak to us about her book *The Third Daughter* (A National Jewish Book Award Finalist). The topic of discussion will be: "Their Voices Couldn't be Silenced."

For Children



Specifically for young families and children, birth through four years, *Wiggles & Giggles* introduces young children to their Jewish World.
Zoom Link: <https://zoom.us/j/148119037>



Every
Tuesday

at 6:30 pm via
Facebook Live

Join Cantor Jennifer Rueben for story time on Facebook LIVE every Tuesday evening.



WHO we are

one HERITAGE



one COMMUNITY



one FUTURE

175TH ANNIVERSARY CAMPAIGN

You Are Our Priority

Our world, and each of us, has been forever changed. In times like these, we reflect on what is truly important to us and redefine our priorities. People, relationships, meaning, belonging, these are the things that seem to rise to the top of our list.

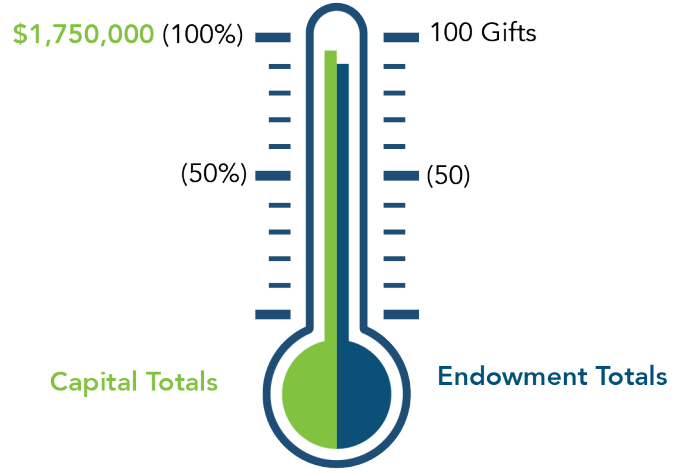
Though our physical doors are closed, we hope you know *you* are *our* priority. We are here for you in good times and in hard times. Our OST community extends far beyond our physical structure, further than we even realized! We hope you are continuing to find meaningful connection, support and perhaps even discovering new ways to engage and Zoom with us on your Jewish journey as we all quickly adapt to new technology and together learn to navigate the new landscape of our changing world.

Crisis can challenge us in so many ways, and yet it can also present us with new opportunities to grow, evolve, and create. Winston Churchill coined the famous phrase, "Never let a good crisis go to waste." Historically, pandemics have forced humans to break with the past and imagine the world anew. COVID-19 will do the same if we open our minds and hearts to thinking anew.

Now, more than ever, we are so very grateful for all those who have made our OST community a priority in their lives by making a gift or pledge to our 175th Anniversary Campaign. Your commitment has made a significant positive impact on our community, and additionally has allowed us the capacity to respond expediently to the challenges thrust on us by the pandemic. Thank you for your support, your patience, and steadfast commitment to our mission.



As we approach the end of our fiscal year, and the end of our campaign, we are grateful to be so close to reaching our campaign goals, yet not quite there.



With awareness and sensitivity to the many challenges we are facing and will continue to face as time goes on, we stand committed to reaching our goals. Our needs remain and will likely grow.

People are what make up our community, and the reason *We of Ohef Sholom* and our Reform Movement, as stated by Rabbi Rick Jacobs, "remains unified in our commitment to expanding the tent to include *all who are hungry* for our community, meaning and hope."

Similar to the sacred partnership of marriage, we are partners, and in this together. Together is how we will find our way forward and help build what the Jewish community is becoming.

For those who have yet to participate in this campaign in honor of our past and for our future, we hope that in your reflecting and redefining priorities, you will choose us as one of yours. If not now, when? *If not you, who? -Hillel*

Every gift matters, you matter. Shalom. ✨

Karen Fine
175th Campaign Co-Chair
campaign@ohefsholom.org

We're almost there!
Help us reach our
final goal today at
ohefsholom.org/campaign





DONATIONS

WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

by remembering and honoring their friends and loved ones through their generous contributions.

Please have your donations submitted to the Temple before the beginning of each month.

175TH

In Memory of:

MYRON "MIKE" COHEN
*Ina Levy
RICHARD "DICK" EMANUEL
*Ina Levy
ROBERT SEEHERMAN
*Leslie Friedman

CANTOR

JENNIFER RUEBEN'S DISCRETIONARY FUND

With Appreciation to:
CANTOR JEN RUEBEN
*Carol & Allan Brum

CARING COMMITTEE FUND

With Appreciation to:
CARING COMMITTEE
*Carol & Allan Brum

MEN'S CLUB

In Memory of:
IRWIN SACKS
Brenda & Sheal Lisner

RABBI ROSALIN MANDELBERG'S DISCRETIONARY FUND

In Memory of:
DANIEL ABRAMSON
Connie & Gerry Golden
With Appreciation to:
RABBI ROZ MANDELBERG
*Carol & Allan Brum
*Elizabeth & Tom Murphy

GAIL W. BACHMAN EDUCATIONAL FUND

*Anne & Ed Kramer
In Memory of:
ROBERT HUDOME
Jay Legum
Betty Sacks
*Pam & Dan Snyder
SARITA SACHS
*Suzanne & Dennis Gruelle
Speedy Recovery to:
TOM BACHMAN
*Susan & Alan J. Stein

SISTERHOOD - CASSEROLES FOR KIDS

Wishing a Happy Birthday to:
KARI LEVI
*Terry Lubotsky
SANDI LEVI
*Terry Lubotsky

SISTERHOOD - FLORAL FUND

In Memory of:
HAROLD BASS
Marilyn & Stuart Buxbaum
WILLIAM BERNSTEIN
*Carole Bernstein
ANN PRISCO
*Suzanne Velez-Perez
FRANCES SALLMAIER
*Peter Sallmaier

TEMPLE FUND

In Memory of:
MARK FOX
Harriet & Gerry Bloom
ROSE K. NORDLINGER
*Susan & Alan Nordlinger,
Allison & John Rachels & Family

CHUCK WOODWARD MUSIC FUND

In Memory of:
RICHARD "DICK" EMANUEL
*Cynthia & Stuart Katz
ROBERT REINHARD
Elayne Axel
IRWIN SACKS
*Barry Chovitz
Vivian Forman
Ina & Moss Friedman
Wishing Happy Birthday to:
ARTHUR DIAMONSTEIN
Suzanne Barr
JAN GOLDRICH
Suzanne Barr

*denotes gifts of \$25 or more

While no weddings, baby namings, funerals and other gatherings are being held at this time, we still appreciate contributions for those events. Consider a donation like "With thanks to Nature for the beautiful azaleas blooming in my front yard" or "Grateful for my grocery store deliveries." Be grateful. Be clever. **We thank you for your generosity!**

LOVE THY NEIGHBOR

During this time of isolation, if you are sitting on your couch wishing you could do something to help others, we have a solution!

Isaiah 32:17 teaches, "The work of tzedakah shall bring peace." To help meet our community's needs during the COVID-19 pandemic, the OST Caring Committee has established the **Love Thy Neighbor** program. This initiative and volunteer effort will help:

- **Front-line healthcare workers and first responders** by providing meals and notes of encouragement and love.
- **The Food Bank of Southeastern Virginia** and the many food pantries they supply, including Jewish Family Service and Oasis Social Ministries, in order to help the food-insecure in Tidewater.

- **Clients of the OST Soup Kitchen and NEST** - we are exploring creative ways of safely continuing to meet their basic needs.



- **Local asylum-seeking families** - this vulnerable population does not receive government benefits and they, too, have children to feed.

To help with this effort or to send a note to front-line heroes, please visit ohefsholom.org. ☆





YAHREZEITS MAY

April 26 - May 2

Esther Alcalay
Annie F. Baydush*
Sidney Berg
Charlie A. Bland
Maysie Braudrick
Elizabeth Bress
Ira Cantin*
Eric Cash
Julia Chanin*
Harold Chinamon
Lillian Judith Egermann
A. Luie Fass*
Herman Feldman
Myron J. Fink
Lawrence S. Fisher
Maurice Frank*
Pauline Goodman
Anetha Gordon*
Douglas Gordon*
Lila Green
Stanley Samuel Gross*
Mary Grossman*
Fannie Grossman
Herbert Hainer
Mary Nelle Hankins
Jeffrey Haspel
Howard A. Jameson
Sidney Leon Katz
Mary Kerner
Martha C. Kirby
Jeanette G. Lapidus
Joseph Lazier
Maurice Livingston
Harry Markoff
Norman Mesh
Kenneth Morton
Rose K. Nordlinger*
Norman Roistacher
Nathan L. Rosenberg*
Beverly Rostov
Jane Sagen
Dr. Milton Salasky
David William Silverstein
Jean M. Snyder
Jean Spearans*
Sally Taubman
Taylor J. Watkins
Stephen Yellin

May 3 - 9

Henry Oscar Abraham
Sophia S. Albert
Ida Albinder
Mordecai Anielewicz
Sylvan Altschul*
Jacqueline Banim
Harry Berk
Sol Berman
Nona L. Bernatz
Morris J. Blachman*
Rose Bloom*
Jane Braudrick
Fanny Cohen
Louis C. Cohen*
Dorothy H. Cohen*
Ronald Donn*
William Einhorn

Robert M. Epstein*
Lillian N. Feurstein
Morris Friedman
Regina Glaser*
Hyman A. Goldberg*
Shirley Green
Rose Ann Leventhal
Grossman
Rose Guttermann
Beverley Hainer*
Barbara Hallar
Barbara Halpern
Frederick Herman
Estelle Ruth Hochstadt
Arthur H. Horwitz
Jack Hyman
Milton Kaplan
Sandra Kaplan
Max L. Kayer
Joseph Kohen*
Marjorie MacAdams
Herbert Mann
Nathan Metzger*
Saul Nadler
Alan L. Nordlinger, Sr.*
Bertram S.
Nusbaum, Sr.*
Sydelle Roistacher
Lenora Fox Rosenberg
Jack M. Saks
Jacob Schwan*
Freda Salsbury Schwartz
Paul R. Shaw
Maurice Smith
Gary L. Snyder*
Dorothy H. Stein*
Sidney Steinberg
Herbert L. Stern*
Jennie L. Sternman
Jessie Mitnick Stredler
Eva Sward
Robert Thomas
Sara Swersky Tuckman*
Dr. Harvey Waldholtz
Ronald M. Waters
Edward E. Waxman*
Rena Cooper Zittrain*

May 10 - 16

Marvin Adler*
Henry I. Adler*
Elliot Bernstein*
Adolfo Cardet
Betty Van Os Crockin*
Charles Darley
Eugene Warren Davis
Doris Van Os Dreyfus*
Ida B. Ellman
Marion Dreyfus Embree
Morris Gewirz*
Elisha Goldfarb
Esther Greenstein
Kenneth Harris
Jack Helfen
Irwin Heller
Ruth Higgins
Joseph Jacobs*
Charles D. Kanter*
Simon Kirsner*
Fred Koster*

Adele Kramer
Morris S. Lazaron, Jr.
Thelma Loeb
Lyla R. Longman*
Mary B. Longman*
Rosa Marc*
Vera Markovitz
Harry Mickelburg
Beatrice Muhlendorf
Abraham Perlman
William Raymond*
Tom Roper
Felix Rosenbach
Maurice Mendel Rubin
Harry Rubin*
Milton Schepper
David Schub
Bertha Schulman*
Dr. Arnold Jay Schwartz
Marissa Seldes
Ethel Goodman Siegel*
Bernard Steinberg
Linda C. Sukoff*
Sylvia Troy
Jean Unger*
Charlotte P. Wachtel
Lewis C. Weiss
Benjamin Whitlock*

May 17 - 23

Duane Aikman*
Benjamin Altschul*
Alice Aranyi*
Faye Bass*
Kenneth Berk*
Ivan Bodner*
Dorothy Bonk
Robert E. Brown
Dora Coleman
Sam Cooperman
Marie Dailey
Freda Fleder Donn*
Robert F. Douglas
Mickey B. Frank*
Joseph Lee Frieden*
William Gelb
Celia Frenkil Glasser*
J. Samuel Goldback*
Betty Goode
Beatrice S. Grossman
Carrie Harris
Mollie L. Heller*
Alfred Kern*
Michelle Kohn-Smith
Joseph D. Kress
Harold Allen Lerner
Dr. Max Leva
Mollie Liebman*
Bert B. Livingston
Herman Lobock
Joseph Mermelstein
Fred Morrison
Harold Moses
Janice Newton
J.W. Perkins
Pauline Ries*
Hyman Rivin*
Benjamin F. Robinson
Lydia Shipman
Esther R. Simon*

Kate Cohen Snyder*
Arthur Spensky*
Bernard Stark
Lee Sussman
Max Ungar
Irwin S. Van Os*
Millie Wall
Meyer Weisberg
Pauline Tavss Zfass

May 24 - 30

Wilma S. Alexander
Bertha M. Aronson*
Dena A. Barr*
Dr. Richard Bartley*
Jerry Baydush*
Morris Beloff
Leonard Berman*
Israel Brenner*
Roslyn G. Brown
Seymour Chapel
Irving Cohen*
Vivienne Beckerman
Darrow
Abraham Donn*
Benjamin M. Ganderson
Jessica R. Glasser*
Barton Goldberg
Mary Miriam Goldberg*
Barton Goldberg
Lavada Goldberg*
Janet Goldstein
Samuel Goldstein
Kate Goldstein
Sophie Goodove
Sol Guttermann
Clara G. Harris*
Donald Higgins
Edwin "Buddy"
Jacobson*
Felmore Jacobson
Bernard Jaffe
Earle J. Kerpelman
Martin Klinghoffer
David Laibstain
Zelda Leibowitz
Birdye G. Leterman*
Seymour "Buddy"
Levinson*
Anna Lee Liverman*
Susan Gilbert Maggiora
Bert Rial Markman*
Jacob Markovitz
Maurice J. Miller*
Bruce Moses
Minna Nordlinger*
Jacob Ostroff
Ruth Posner
Mike Prisco
Alois Quittner*
Larry Rapoport
Joseph Reznick
Samuel W. Robbins*
Maurice Rosen*
Tom Russel
Rachel J. Salomonsky*
Jeanette Schlain
Rose Silvertan
Brian Simon
Jacob Soble

Harriet Solomon
David Sommers*
Frances Stadlin
Michael E. Stredler
Leonard Strelitz
Ellis J. Strelitz*
Dr. Peter Walker*
Belle V. Weiss
David Woolard
Shirley Ann Yusuf

May 31 - June 6

Flora Albert
Frieda Berman
Amelson*
Gouldyn Balaban
Samuel Blachman*
Harold I. Breit*
Lewis Alfred Bress
Abraham Bress
Rachel Brown*
Arthur Paul Cohen*
Emma Cross
Sara Joo Davidson*
Jennie Lohrman Dobbs*
Raymond Drummond
Fannie Duny
Sarah Feldman
I. Morton Feldman
Charles Joseph Foster V
Jack Friedman
Steven Friedman
Ruth Basch Front
Marion Glazer
Iris Goodman
Sylvia Greenspoon
Solomon Kaplan
Sarah Kayton*
Edna Sara Lazaron
Rabbi Morris S. Lazaron
Charles P. Leavitt
Reba M. Leterman*
Agatha L. Leventhal*
Elsie Leviton
Sonya Levy
Sarah Lobock
Ruth Mayer
Harry Nicholson*
Mary Elizabeth Perkins
Bertha Reisner
Doris Roth
Ida Schafetz
Roberta Schiff
Jerome Smith
William Waldman*
Julia Weisel*
Richard Wingfield

*denotes memorial plaque





CALENDAR & BIRTHDAYS

MAY EVENTS

- 1 FRIDAY 6:30 pm**
Shabbat Services
(via live streaming)
- 2 SATURDAY 9:00 am**
Virtual Torah Study
(via Zoom)
10:30 am
Shabbat Services
(via live streaming)
- 3 SUNDAY 11:00 am**
Virtual Wiggles
& Giggles
(via Zoom)
- 4 MONDAY 11:00 am**
Zoom Tutorials
with Nina
- 5 TUESDAY 6:30 pm**
Story Time
with Cantor Jen
(Facebook LIVE)
- 6 WEDNESDAY 12:00 pm**
Life in the Times of
the Coronavirus:
Our Jewish
Perspective - A
Lunch & Learn Series
with Rabbi Roz
(via Zoom)
- 7 THURSDAY 4:00 pm**
Virtual Torah Study
(via Zoom)
5:00 pm
Executive
Committee Meeting
(via Zoom)
- 8 FRIDAY 6:30 pm**
Shabbat Services
(via live streaming)
- 9 SATURDAY 9:00 am**
Virtual Torah Study
(via Zoom)
10:30 am
Shabbat Services
(via live streaming)
- 10 SUNDAY Mother's Day**
- 11 MONDAY 11:00 am**
Zoom Tutorials
with Nina
7:00 pm
*The Voices Wouldn't
Be Silenced*
An Evening with
The Third Daughter
author, Talia Carner
(via Zoom)
- 12 TUESDAY 6:30 pm**
Story Time
with Cantor Jen
(Facebook LIVE)
- 13 WEDNESDAY 12:00 pm**
Life in the Times of
the Coronavirus:
Our Jewish
Perspective - A
Lunch & Learn Series
with Rabbi Roz
(via Zoom)
7:00 pm
OST Women's
Mussar Group
(via Zoom)
- 14 THURSDAY 4:00 pm**
Virtual Torah Study
(via Zoom)
7:30 pm
Tidewater Together
*Dare to Matter: Your
Path to Making a
Difference Now*
(via Zoom)
- 15 FRIDAY 6:30 pm**
Shabbat Services
(via live streaming)
- 16 SATURDAY 9:00 am**
Virtual Torah Study
(via Zoom)
10:30 am
Shabbat Services
(via live streaming)
- 18 MONDAY 11:00 am**
Zoom Tutorials
with Nina
- 19 TUESDAY 6:30 pm**
Story Time
with Cantor Jen
(Facebook LIVE)
- 20 WEDNESDAY 12:00 pm**
Life in the Times of
the Coronavirus:
Our Jewish
Perspective - A
Lunch & Learn Series
with Rabbi Roz
(via Zoom)
- 21 THURSDAY 4:00 pm**
Virtual Torah Study
(via Zoom)
7:00 pm
Annual
Congregational
Meeting
(via Zoom)

- 22 FRIDAY 6:30 pm**
Shabbat Services
(via live streaming)
- 23 SATURDAY 9:00 am**
Virtual Torah Study
(via Zoom)
10:30 am
Shabbat Services
(via live streaming)
- 25 MONDAY Memorial Day 11:00 am**
Zoom Tutorials
with Nina
- 26 TUESDAY 6:30 pm**
Story Time
with Cantor Jen
(Facebook LIVE)
- 27 WEDNESDAY 12:00 pm**
Life in the Times of
the Coronavirus:
Our Jewish
Perspective - A
Lunch & Learn Series
with Rabbi Roz
(via Zoom)
7:00 pm
OST Women's
Mussar Group
(via Zoom)
- 28 THURSDAY 4:00 pm**
Virtual Torah Study
(via Zoom)
- 29 FRIDAY 6:30 pm**
Shabbat Services
(via live streaming)
- 30 SATURDAY 9:00 am**
Virtual Torah Study
(via Zoom)
10:30 am
Shabbat Services
(via live streaming)

All in-person events
are postponed at this time.

For virtual events,
please check
ohefsholom.org
or our Facebook
([facebook.com/
ohef.s.temple/](https://www.facebook.com/ohef.s.temple/)).

To add an event to
the Temple calendar,
please email
[reservations@
ohefsholom.org](mailto:reservations@ohefsholom.org).

MAY BIRTHDAYS

- May 1**
Bonnie Brand
Bonnie Gordon-Rabinowitz
Amie Harrell
Edward A. Kramer
Mark Snyder
Lawrence L. Steingold
Matthew Tonelson
- May 2**
Theodore Adler
Gwen Gilbert
Jack L. Siegel
- May 3**
Diane Aftel
Shaye Arluk
Clay H. Barr
Adam Lotkin
- May 4**
Terri Feldman
Judith Hurwitz
Sidney Rosenbaum
Leah K. Walsh
- May 6**
Wendy Jaffe
Steve Pano
Brandon Terkeltaub
- May 7**
Benjamin C. Altschul
Drew Gebler
Andrew Kramer
- May 8**
Ethel-Raye Greenspan
Aaron B. Haywood
Mark Hecht
- May 9**
Karen G. Jaffe
Howard L. Kesser
Gerald Pributsky
Paul Seeman
- May 10**
Alexandra Kosatky
Richard G. Levin
Dixie Wolf
- May 11**
Gerald M. Bazar
Rickie L. Kyle
Robert B. Laibstain
- May 12**
Robert Richards
Marcia S. Schwan
- May 13**
Steven Halpern
- May 14**
Lawrence Colen
Martin S. Glaser
Mark Lipton
Joan G. Miller
Janet S. Pitler
William A. Sawyer
Brennan Smith
- May 15**
Leah Rishona Blachman
Jennifer Bleznack
John M. Cooper
Carol Rosenblatt
Thomas E. Snyder
- May 16**
Paul Julius
Arliiss O. Kastner
Jeffrey M. Laibstain
Nancy Lazier
Jeanne Miller
- May 17**
Cynthia Galumbeck
Diana Lisner
Phyllis G. Pollack
- May 18**
Lisa Cohn
Michael Haywood
Barbara Wachtel Henry
Steven L. Perlman
Randi Strelitz
- May 19**
Gail W. Bachman
Julie Byers
Lawrence Kurtz
Arlene E. Zeno
- May 20**
Jeffrey Berkowitz
Robert Byers
Lisa Cohen
Harriet Ann McCullough
Ari Zito
- May 21**
Laura Gilbert
Harry Graber
Terri Sarfan
Jay F. Wilks
- May 22**
Marilyn G. Johns
Edward J. Soltz
- May 23**
Landon Browning
Ron Dyer
Bunny Mirman
Adrienne Joy Spigel
- May 24**
Amy Gladstein
Amber Inwood
David Kushner
Elizabeth Lloyd
Seymour M. Teach
Amy Weinstein
- May 25**
Robyn Bailey
- May 26**
Charlotte C. Corey
Stanley Sacks
- May 27**
Esther Diskin
- May 28**
Matthew Goldstein
Marcia G. Snyder
- May 29**
Jerome Miller
Jonathan W. Priest
Steven S. Snyder
Jentry Whitehurst
- May 30**
Harriet R. Goodove
Barbara S. Hearst
Suzanne Velez-Perez
- May 31**
Gema Shanker



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